

GLUTE MACHINE

JPL-504

◆ This machine provides superior isolation of the glutes through the hip joint motion by eliminating any movement of the knee. A curvilinear path focuses on the glutes with contribution from hamstrings & quadriceps. The Jerai Fitness Glute machine provides a maximum weight of up to 165 lbs.

◆ **DIMENSION:**
Length : 48 inches / 122 cms
Width : 40 inches / 102 cms
Height : 58 inches / 147 cms
Weight Stack : 165lbs / 75kg

◆ **MUSCLE WORKED:**
Gluteus Maximus
Gluteus Medius
Gluteus Minimus

